

FASD Across Canada:

An Overview of FASD Programs by Province/Territory

Developed by Canada FASD Research Network



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Introduction

The purpose of this document is to map the provincial/territorial departments responsible for programs/services regarding Fetal Alcohol Spectrum Disorder (FASD), as well as strategic plans and awareness campaigns across Canada.

What is Fetal Alcohol Spectrum Disorder?

FASD is a diagnostic term used to describe impacts on the brain and body of individuals prenatally exposed to alcohol. FASD is a lifelong disability. Individuals with FASD will experience some degree of challenge in their daily living, and need support with motor skills, physical health, learning, memory, attention, communication, emotional regulation, and social skills to reach their full potential. Each person with FASD is unique and has areas of both strength and challenges¹.

FASD Prevalence Across Canada

Researchers currently estimate that at least 4% of the population of Canada has FASD, which translates to more than 1.5 million people. FASD is often underrecognized and identified, leading to the possibility that prevalence estimates are conservative².

Provincial & Territorial Strategies

The unique complexities of FASD support the need for a provincial and territorial approach to addressing the needs of people with FASD and their families. There are currently some provinces that have an operating strategy or framework in place to address FASD. However, many are out of date, indirectly refer to FASD, or do not explicitly refer to FASD³.

The following document outlines the current state of strategic plans and awareness campaigns across Canada to highlight where strategic plans and FASD specific supports are needed.

¹ See [Toward a Standard Definition of FASD in Canada](#)

² See [The Prevalence of FASD](#)

³ See [Provincial and Territorial Strategies for FASD](#)

Data at a Glance

Click on the province/territory for more information.

Province/Territory	Strategic Plan?	Formal Recognition of FASD?	Diagnostic/Assessment Services?	CanFASD Member?
British Colombia	Yes (outdated)	Yes	Yes	Yes
Alberta	Yes	Yes	Yes	Yes
Saskatchewan	Yes	Yes	Yes	Yes
Manitoba	Yes	Yes	Yes	Yes
Ontario	No	Yes	Yes	No
Quebec	No	No	Yes	No
Newfoundland & Labrador	No	Yes	Yes (only 1 for adults)	No
Prince Edward Island	No	No	No	No
Nova Scotia	Partially (alcohol strategy, does not include FASD)	No	No	No
New Brunswick	No	Yes	Yes	Yes
Yukon	Yes	Yes	Yes	Yes
Northwest Territories	Partially (alcohol strategy, does not include FASD)	Yes	Yes	Yes
Nunavut	Yes	Yes	Yes	Yes


British Columbia

Provincial Department Lead: Ministry of Children and Family Development

- **Mandate:** “The Ministry of Children and Family Development’s primary focus is to support all children and youth in British Columbia to live in safe, healthy and nurturing families and be strongly connected to their communities and culture”

FASD Related Mandates	<ol style="list-style-type: none"> 1. B.C.’s 10-year plan, <i>Fetal Alcohol Spectrum Disorder: Building on Strengths (2008-2018)</i> was built on B.C.’s original FASD strategic plan released in 2003, which was the first of its kind in Canada. Updates to the plan are pending the completion of system transformation in the Ministry of Children and Family Development (MCFD) which is aimed at providing strong and responsive supports to all children and youth with support needs and their families. 2. MCFD is piloting a new service delivery approach for children and youth with support needs, including those with FASD, and their families. The pilot approach provides children, youth and families with supports and services based on functional need rather than diagnosis. While piloting this new approach in four communities, data will be collected to evaluate the approach and understand what works best for families. During this time the ministry will also be engaging with families, service providers, advocates, experts, those with lived experience, First Nations and Indigenous People to inform a new system of supports for children and youth with support needs. 3. In Budget ’23 MCFD increased supports to children and youth with confirmed or suspected FASD by: <ol style="list-style-type: none"> a. doubling the budget for the FASD Key Worker Program, resulting in education and support to 2,500 additional families and caregivers of children and youth with confirmed or suspected FASD b. providing a \$250,000 grant to Inspire Kids FASD Support Society of B.C. to help them extend their reach and continue to provide invaluable support to families of children and youth with FASD in B.C. c. awarding the Vancouver Foundation \$2.76 million in grant funding to extend respite services to families of children and youth with FASD. 4. British Columbia is a member of the Canada Northwest FASD Partnership
Strategic Plan(s)	<ul style="list-style-type: none"> • BC’s FASD strategic plan (2008-2018) is currently out of date.

	<ul style="list-style-type: none"> Data gathered from the evaluation of MCFD's service delivery pilot and related engagement will inform strategic planning for children and youth with confirmed and suspected FASD in B.C.
Is FASD Formally Recognized?	<ul style="list-style-type: none"> Yes, as per the official website of the Government of British Columbia
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> Yes, diagnostic services are available at 7 diagnostic clinics across the province: BC Assessment & Diagnostic Clinic Information The Complex Developmental Behavioral Conditions (CDBC) Network provides publicly funded diagnostic assessments for children ages 18 months to 19 years across the province of British Columbia. Services are provided regionally at multiple locations across BC. The CDBC Handbook for the Diagnosis of FASD provides an over-arching framework for FASD assessments within CDBC. The Asante Centre offers private and some publicly funded FASD assessments for children, youth and adults. Private assessments do not require a referral. Publicly funded assessments may be completed with a referral from Youth Probation Services, Provincial Custody Services, Community Living BC, Xyolhemeylh (Fraser Valley Aboriginal Child and Family Services) or Sunny Hill Health Centre. FASD Okanagan Assessment and Support Society (now operating under Independent Living Vernon) provides private multi-disciplinary FASD assessments for adults and youth (aged 15+). No referral is necessary. Fraser Valley Development Centre provides private multidisciplinary FASD assessments for children and youth (0-18 years old), with referrals accepted from family doctors and pediatricians.
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> FASD Key Workers, funded by the Ministry of Children and Family Development are situated within agencies across the province and work with children and youth with suspected or confirmed FASD or similar neuro-developmental conditions. Supports include strategies and information specific to FASD, referrals to training, services and parenting/mentoring groups. The First Nations Health Authority has an FASD Program which provides culturally appropriate, evidence based early intervention programs.

	<ul style="list-style-type: none"> • The Asante Centre has a weekly FASD Mentorship Group offered virtually on Microsoft Teams for teens and young adults with FASD. • Whitecrow Village offers children, family, and adult FASD programs centered around employment, interdependent living, life skills, and addictions. • The Vancouver Aboriginal Health Society has a FASD Support Circle Program for parents and caregivers that have a child 0-18 years old with FASD. • The FASD Okanagan Assessment and Support Society (now operating under Independent Living Vernon) offers adult and caregiver support groups • Community Living B.C. offers the Personalized Supports Initiative to adults with autism or FASD to support them to lead active lives in the community. • Provincial Outreach Program FASD (POPFASD) offers support and training for educators of students who have FASD or suspected FASD. • Inspire Kids FASD Support Society is a Facebook group that helps families of children with FASD connect to each other and access services and supports.
Policy Documents:	<ul style="list-style-type: none"> • Fetal Alcohol Spectrum Disorder: Building on Strengths 2008-2018
Awareness Campaigns/Initiatives:	<ul style="list-style-type: none"> • FASD Prevention and Support Month and Day 2023 – Ministry of Children and Family Development (gov.bc.ca) • Alcohol & Pregnancy Don't Mix Brochure (2023) is available year-round in BC liquor stores and distributed to parent support agencies and other health and women's organizations 
Other	<ul style="list-style-type: none"> • B.C.'s Representative for Children and Youth (RCY) offer's advocacy support for children, youth and some young adults (up to age 24) receiving supports, services or programs provided or funded by the BC government. This includes children and youth in care, on youth agreements, youth in custody, and children and youth with support needs.

Alberta

Provincial Department Lead: Ministry of Seniors, Community and Social Services (SCSS)

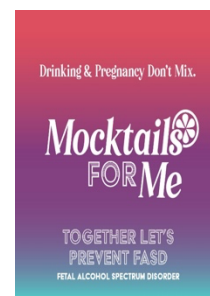
- There is a cross-ministry approach to FASD

- **Mandate:** “Alberta’s FASD Strategy focuses on developing and delivering community-based solutions, making it easier for people affected by FASD to get the help they need, at any point during their life. FASD-related initiatives across Alberta continue to help build awareness, promote prevention, increase access to FASD assessment and diagnosis clinics, conduct new research and provide supports and services for people with FASD, their families and caregivers”

FASD Related Mandates	<ol style="list-style-type: none"> 1. The Alberta FASD 10-year strategy expired in 2017, however, has continued to develop strategic plans <ol style="list-style-type: none"> a. Example: Edmonton and area FASD network developed a strategic plan (2019-2024) to provide community-driven services across the lifespan for FASD prevention, assessment and intervention: Strategic Plan 2019-2024 2. The Strategic and Operational Plan for FASD is currently being updated by SCSS in collaboration with cross ministry partners. This is targeted for completion by the Fall of 2023. 3. Alberta participates on the Canada Northwest FASD Partnership
Strategic Plan(s)	<ul style="list-style-type: none"> • Yes, the strategy was developed based on the Alberta FASD 10-year Strategic Plan 2007-18.
Is FASD Formally Recognized?	<ul style="list-style-type: none"> • Yes, as per the Government of Alberta website
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> • Yes, diagnostic services are available at 24 diagnostic clinics across the province: Alberta Assessment & Diagnostic Clinic List • Diagnostic clinics available are either geared toward children, adults, or sometimes both
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> • Each of the 12 FASD Service Networks in Alberta provide: <ol style="list-style-type: none"> ○ Assessment and diagnosis for children and adults ○ Supports for individuals with FASD, their families and caregivers such as outreach, family support, transition planning, employment support ○ Parent Child Assistance Program (PCAP) which provides intense outreach support to women at high risk of having a child with FASD for up to a 3-year period ○ The WRaP 2.0: FASD Coaching Partnership Project provides mentorship and coaching to school staff about supporting students who may have FASD ○ Prevention Conversation trainers to educate health and social service providers on FASD Prevention • Some examples of community service options available through the FASD Service Networks: • CASA Mental Health provides a Fetal Alcohol Spectrum Treatment, Resources, and Community Supports Program

	<p>(FASTRACS) which provides education for parents and caregivers that have a child who may have FASD</p> <ul style="list-style-type: none"> • The Métis Nation of Alberta offers a “Bridging Connections” program for supporting individuals diagnosed with FASD. They also offer FASD information sessions and caregiver connecting nights • The Elizabeth Fry Society of Northern Alberta has a Girls Empowered and Strong youth program (12-17). The program is FASD friendly and designed to help girls with an FASD diagnosis to build emotional, intrapersonal and interpersonal skills. • The Elves Special Need Society has an FASD Respite Program on Saturdays where learners (3 – 9 years old) participate in activities designed for individuals with FASD and offer workshops for parents and caregivers • Leduc County offers a Bridges FASD Mentorship Program to help adults who may have FASD gain independence through teaching and coaching. • The Catholic Social Services in Edmonton offer a range of support services for individuals with FASD • The Lakeland Centre for FASD provides training and support to all FASD assessment and diagnostic clinics • The Calgary John Howard Society offers an Extended FASD Support Program for individuals who are experiencing current justice involvement • 2nd Floor Women’s Recovery Centre provides Substance use long term live in treatment for women, specializing in women who are pregnant • South East Alberta FASD Network provides a Youth/Adult Transition program in partnership with McMan Community Services to assist youth to in obtaining needed supports and developing skills to live as independently as possible Lakeland Centre for FASD provides weekly summer camps for kids with FASD
<p>Policy Documents:</p>	<ol style="list-style-type: none"> 1. L’importance des relations positives: utiliser le soutien relationnel pour faire une différence positive dans les écoles de l’Alberta 2. Fetal Alcohol Spectrum Disorder (FASD) across the lifespan: Alberta’s FASD 10-year strategic plan 2007-2017: Year 10 evaluation 3. Fetal Alcohol Spectrum Disorder (FASD) across the lifespan: year 7 evaluation of the Government of Alberta’s FASD 10-year strategic plan: overview of key findings and recommendations

Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> 1. The Alberta Gambling and Liquor Commission: Poster Campaign (2013), DRY 9 (2017) 2. AGLC Poster campaign <ol style="list-style-type: none"> a. Distributed throughout liquor stores, and healthcare delivery sites 3. AGLC Initiative: DRY 9 Part of DrinkSenseAB <ol style="list-style-type: none"> a. To educate and raise awareness on responsible liquor consumption (see brochure.) 4. Social responsibility campaign, Albertans should support alcohol-free pregnancies <ol style="list-style-type: none"> a. To show the harms of alcohol consumption during pregnancy, and to promote awareness around the dangers. <p><i>Alberta has 12 FASD services and networks who will likely have their own developed posters and messages that are specific to their geographical areas</i></p>
Prevention Programs	<ul style="list-style-type: none"> • Parent Child Assistance Program (PCAP) intense outreach support to women at high risk of having a child with FASD • Prevention Conversation trainers to educate health and social service providers on FASD Prevention • 2nd Floor Women's Recovery Centre provides Substance use long term live in treatment for women, specializing in women who are pregnant • Aventa Substance Use treatment for women, with a special program for women with FASD



Saskatchewan

Provincial Department Lead: Ministry of Health

- **Mandate:** “The Government of Saskatchewan aspires to support the development of a culture in which healthy communities and families support women to have alcohol-free pregnancies. This culture shift will be accomplished through the provision of knowledge, support, and timely access to services”

FASD Related Mandates	<ol style="list-style-type: none"> 1. Saskatchewan participates on the Canada Northwest FASD Partnership
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Strategic Plan(s)	<ul style="list-style-type: none"> Yes, the Saskatchewan's Action Plan for Citizens with Cognitive Disabilities provides a framework
Is FASD Formally Recognized?	<ul style="list-style-type: none"> Yes, as per the Government of Saskatchewan website
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> Yes, diagnostic services are available at 3 diagnostic clinics across the province for children and 2 clinics for adults. Physicians can also refer patients to the Saskatoon Genetics/Teratology Clinic, Royal University Hospital in Saskatoon: Saskatchewan Assessment & Diagnostic Clinic List
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> The Saskatchewan FASD Network offers a range of supports, services, and meetings. The Regina Community Clinic's FASD Center delivers addictions and life skills program for individuals with FASD.
Policy Documents:	<ol style="list-style-type: none"> Fetal Alcohol Spectrum Disorder (FASD) Prevention Framework (2014)
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none">

Manitoba

Provincial Lead Department: Department of Families: Fetal Alcohol Spectrum Disorder

- Mandate:** "The Department of Families is responsible for a wide range of program and services that are delivered by the department, or by community-based partner organizations"

FASD Related Mandates	<ol style="list-style-type: none"> Manitoba's FASD Strategy was first implemented in 2007. The FASD Strategy ensures that all programs and initiatives, across all areas of government and community service, are working together towards the common goal of supporting those impacted by FASD. Manitoba government departments work together on the FASD Interdepartmental Committee (FASD-IC) using a coordinated and collaborative approach. Manitoba completed a series of community engagement in 2021; community engagement findings will shape strategic priorities for a renewed FASD Strategy.
Strategic Plan(s)	<ul style="list-style-type: none"> Yes, strategy developed based on Together We Are Stronger - Manitoba's FASD Strategy (2007)

Is FASD Formally Recognized?	<ul style="list-style-type: none"> Yes, as per the government of Manitoba website.
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> Yes, The Manitoba FASD Centre provides diagnostic services for children/youth up to 18 years old and have 10 locations Manitoba Assessment & Diagnostic Clinic List
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> The Government of Manitoba has a webpage with a list of FASD supports and interventions <p>Manitoba offers a wide range of supports across the lifespan and prevention.</p>
Policy Documents:	1. Manitoba's FASD Strategy (2007): Together We Are Stronger
Awareness Campaigns/Initiatives:	<div> <div> <p>1. Manitoba Liquor & (MLL) –With Child Alcohol Manitoba Lotteries (mbll.ca)</p> <p>a. A public program of Liquor and</p> <p>b.</p> </div> <div>  </div> <div> <p>Lotteries Without Liquor &</p> <p>awareness Manitoba Lotteries that</p> </div> </div> <p>uses television and radio commercials, posters, brochures, and a website to raise awareness about alcohol use during pregnancy. Campaign is a part of DrinkSense. (see brochure here) The 'With Child Without Alcohol' campaign is for pregnant people, their partners, spouses, family, and friends. The program's resource guide provides information about alcohol use during pregnancy to help prevent alcohol-related disabilities like Fetal Alcohol Spectrum Disorder (FASD).</p>
Other	Several Manitoba First Nations operate a Parent Child Assistance (PCAP) model program called the Success Through Advocacy and Role Modelling (STAR) program, an intensive outreach program for women at risk of having a child with FASD.

Ontario

Provincial Department: Ministry of community, Children, and Social Services

- Mandate:** "Helping to improve outcomes for children, youth, families and individuals who need support, and advancing the interests of women across Ontario"

FASD Related Mandates	1. There is no formal, available provincial FASD strategy currently
Strategic Plan(s)	<ul style="list-style-type: none"> No, the 2017 budget outlined funding for FASD supports, but no strategy released
Is FASD Formally Recognized?	<ul style="list-style-type: none"> Yes, as per the government of Ontario website
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> Yes, the Fetal Alcohol Spectrum Disorder Ontario Network of Expertise (FASD ONE) has a list of 20 diagnostic clinics that provide services available across Ontario. The Ministry of Health has also provided some funding for diagnostic assessments
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> The Ontario Federation of Indigenous Friendship Centres has a Fetal Alcohol Spectrum Disorder/Child Nutrition (FASD/CN) program which is designed to provide culturally appropriate prevention and intervention support to Indigenous families. The program runs in 180 communities in Ontario For parents and caregivers, there are many FASD support groups, including the FASD Family/Caregiver Support Group Project. Many are also listed on the FASD ONE website CHEO Hospital and ABLE2 offer the FASD Worker Program in Ottawa area, which provides support for children, youth, and their families. The Quinte Health Children Treatment Centre offers an FASD program which provides children/youth and family centered support. 'Reach For It!' is a recreational program designed specifically for children and youth with FASD to create positive relationships with law enforcement and first responders The John Howard Society of Hamilton, Burlington, and area offer the 'All 4 One FASD Youth Justice Program' (12-17 years old) that help individuals and their families navigate the judicial system, access community resources, and expand their networks The Children's Centre of Thunder Bay has an FASD Program for children/youth and families through direct involvement, system navigation, and community capacity building The Children's Community Network has an FASD program connects families to an FASD consultant who helps families connect to other services and supports Anishnawbe Health Toronto has an FASD Prevention Program that also helps with early intervention for families and caregivers caring for a child diagnosed with FASD


	<ul style="list-style-type: none"> Most regions in ON have an FASD committee or parent support group
Policy Documents:	<ol style="list-style-type: none"> Ontario's 2021 Budget: Annual funding - \$10.1 million in annual funding + 4.4 million in annualized funding for the FASD Indigenous nutrition program Ontario's 2020 Budget: \$6.1 Million in annual funding towards FASD + 4.4 million in annualized funding towards FASD Indigenous nutrition program Ontario's 2017 Budget: \$26 million dollars over four years to increase awareness and prevention
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> Best Start Resource Centre - Alcohol Free Pregnancy (2004) <ol style="list-style-type: none"> Ontario's first province-wide campaign about alcohol and pregnancy for women of childbearing age. Focused on social responsibility. This poster has been updated in 2019 and waiting for government approval. The Liquor Control Board of Ontario (LCBO) – FASD free (2014) <ol style="list-style-type: none"> Public awareness campaign focused on social responsibility. This campaign developed by FASWorld in Toronto and distributed by LCBO, campaign drew controversy for body shaming pregnant women. It was discontinued after a year. Part of Smart Choices – guidelines for alcohol consumption. These posters are not recommended by CanFASD and are in limited use.
Other	Health Nexus provides training support on FASD and FASD prevention by webinar



Quebec

Provincial Department: Department of Health: Alcohol, drugs, and gambling

- Alcohol and other drug use during pregnancy

FASD Related Mandates	1. No formal FASD provincial strategy available currently
Strategic Plan(s)	<ul style="list-style-type: none"> • No, there is no specific diagnostic strategy that explicitly references FASD.
Is FASD Formally Recognized?	<ul style="list-style-type: none"> • No, there is no formal statement recognizing FASD as a disability.
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> • Yes, the Syndrome d'alcoolisation fœtale Québec provides diagnostic guidelines for professionals. • The first FASD Diagnostic clinic was formed in 2013 in Eeyou Istchee. There are limited medical centres/hospitals listed for FASD support.
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> • We are unaware of any specific FASD Intervention support programs • Add the society here..
Policy Documents:	<ol style="list-style-type: none"> 1. Status Report on Fetal Alcohol Syndrome in Quebec (2004) 2. Working Together and Differently: 2015 - 2020 Mental Health Action Plan (French)
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> 1. Éduc'alcool – 2-3-4-0 Campaign (2012), Stop drinking alcohol as soon as you start trying to conceive (2019) <ol style="list-style-type: none"> a. 2-3-4-0 campaign focused on low level drinking guidelines to reduce alcohol consumption in general and promote responsible drinking habits b. Message: Despite women and men have different drinking habits, responsible alcohol consumption is for everyone and following low risk drinking guidelines are important part of responsible drinking. 2. Stop drinking campaign used to promote social responsibility and awareness of FASD 3. Association pour la santé publique du Québec – Pendant la grossesse, on boit sans alcool 

Newfoundland and Labrador

Provincial Department: Department of Health & Community Services

- **Mandate:** “The Department of Health and Community Services provides a leadership role in health and community service programs and policy development for the province”

FASD Related Mandates	1. No formal provincial FASD strategy available currently
Strategic Plan(s)	<ul style="list-style-type: none"> • Yes, support of provincial FASD networks is outlined in The Provincial Alcohol Action Plan: Reducing Harms and Costs in Newfoundland and Labrador (2022)
Is FASD Formally Recognized?	<ul style="list-style-type: none"> • No, there is no formal statement recognizing FASD as a disability, but the Department of Health and Community services funds FASDNL
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> • No, according to FASDNL, there is no province-wide comprehensive assessment, diagnostic team or service. • There is an adult FASD diagnostic clinic offered by Glenfell Health Authority
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> • FASDNL provides family support groups
Policy Documents:	<ol style="list-style-type: none"> 2. The Provincial Alcohol Action Plan: Reducing Harms and Costs in Newfoundland and Labrador – 2022 <ol style="list-style-type: none"> a. 2.5 million being implemented into Action Plan, with a commitment of approximately \$4.5 million annually for the next 4 years 3. Towards Recovery: The Mental Health and Addictions Action Plan for Newfoundland and Labrador (2017-2022) 4. Healthier Together: A Strategic Health Plan for Newfoundland and Labrador (2001)
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> 1. FASDNL: FASD prevention and awareness campaign (2022) <ol style="list-style-type: none"> a. Atlantic-wide campaign addresses FASD prevention and awareness. Addresses FASD prevention and awareness with an approach that is strength-based and supported by evidence. A goal of this campaign is to address the stigma associated with FASD by promoting public awareness and by delivering accurate and consistent information along with re-framing the issue



	<p>to include partners, friends, and family members. In doing so, to highlight the ways everyone can support healthy pregnancies rather than placing the burden on women alone.</p> <p>b. Message: Learning and prevention are a collective responsibility</p> <p>2. Newfoundland Labrador Liquor Corporation – Social Responsibility</p> <p>3. Alcohol & Pregnancy Awareness supported by FASDNL</p>
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Prince Edward Island

Provincial Department: No department overseeing FASD has been identified

FASD Related Mandates	1. No formal provincial FASD strategy available currently
Strategic Plan(s)	<ul style="list-style-type: none"> No, there is no formal reference to FASD diagnosis in current strategies (Mental Health and Addiction Strategy (2016-2026))
Is FASD Formally Recognized?	<ul style="list-style-type: none"> No, there is no formal statement recognizing FASD as a disability
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> No, there are no clinics available. Though, there are a limited number of medical facilities and supports listed here
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> WE are not aware of any specific FASD Intervention services
Policy Documents:	<ol style="list-style-type: none"> Mental Health and Addiction Strategy (2016-2026) Health PEI: Strategic Plan (2017-2020)
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> Health PEI – Alcohol and Pregnancy Don't Mix (2016) <ol style="list-style-type: none"> Collaboration with the PEI Liquor Control Commission and PEI Health and Wellness Department – brochure. An information-based campaign, focused on mothers at risk. Gives information about the dangers of alcohol consumption during pregnancy. Messaging: Healthy mothers and babies need everyone's support Chief Public Health Office of PEI + LCC – Low-Risk Alcohol Guidelines (2016) <ol style="list-style-type: none"> Campaign used to help Canadians moderate their alcohol consumption

Nova Scotia

Provincial Department: No department overseeing FASD has been identified

FASD Related Mandates	<ol style="list-style-type: none"> 1. The Government of Nova Scotia in 2004 identified harmful alcohol use as an important public health issue and directed the Department of Health Promotion and Protection to take a leadership position in developing a strategy that would address the misuse of alcohol and the resulting harms. The Department of Health Promotion and Protection is now launching a Nova Scotia Alcohol Strategy to lead a major cultural shift so that Nova Scotians who choose to drink will do so without harm to themselves, their families, or their communities and to recognize FASD as a community responsibility.
Strategic Plan(s)	<ul style="list-style-type: none"> • No, there is no specific mention of FASD diagnosis. Only reference to FASD is the intersecting area of alcohol awareness/prevention based from Changing the Culture of Alcohol Use in Nova Scotia - 2007
Is FASD Formally Recognized?	<ul style="list-style-type: none"> • Yes, as per the government of Nova Scotia website
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> • No, there is no dedicated clinic for FASD • IWK has done a few FASD diagnosis in the past
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> • The Confederacy of Mainland Mi'kmaq offers a prevention and intervention Fetal Alcohol Spectrum Disorder Program
Policy Documents:	<ol style="list-style-type: none"> 1. Changing the Culture of Alcohol Use in Nova Scotia - 2007
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> 2. Government of Nova Scotia & Nova Scotia Liquor Corporation (NSLC) – Public Education About Fetal Alcohol Syndrome Regulations (2005) <ol style="list-style-type: none"> a. Made under Section 96A of the Liquor Control Act b. Signs warning of fetal alcohol syndrome (FASD), each government store and agency store must display a sign that warns women who are pregnant that consuming alcohol may cause FAS c. Message: to warn the public about potential health effects of the consumption of alcohol during pregnancy 3. IWK Health Centre – Mothers' Mental Health Toolkit: A Resource for the Community <ol style="list-style-type: none"> a. This project in Halifax, Nova Scotia aimed to enhance mental health literacy and promote best practices for mental wellness for mothers

	b. Workbook style resource to increase community service provider maternal mental health knowledge and confidence
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New Brunswick

Provincial Lead Department: Department of Health, Vitalité Health Network – New Brunswick
FASD Centre of Excellence

FASD Related Mandates	1. No formal provincial FASD strategy currently
Strategic Plan(s)	<ul style="list-style-type: none"> No, there are mental health strategies that exist without specific reference to FASD, but the province is currently developing an interdisciplinary provincial strategy for FASD
Is FASD Formally Recognized?	<ul style="list-style-type: none"> Yes, despite no official webpage, the government recognizes FASD as a disability and funds the FASD Centre of Excellence
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> Yes, the Fetal Alcohol Spectrum Disorder Centre of Excellence in Dieppe run by Vitalité Health Network assesses 24 diagnostic clinics per year within the province. In 2022, New Brunswick Health provided additional funding to expand diagnostic capacity across the province Elsipogtog First Nation operates FASD assessment & diagnostic services, with 10-12 diagnoses per year, as well as a number of community supports that are FASD informed.
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> The New Brunswick FASD Centre of Excellence offers interventions and supports from their regional community coordinator and Indigenous liaison officer using their request form Local parent support groups Summer day camp for kids with FASD
Policy Documents:	<ol style="list-style-type: none"> New Brunswick's Wellness Strategy (2014-2022) Inter-Departmental Addiction and Mental Health Action Plan – 2021-2025 New Brunswick announced recently that \$800,000 of funding was given to Vitalite Health Network to increase capacity at the FASD Centre of Excellence in Dieppe. <ol style="list-style-type: none"> This funding is part of a five-year action plan the province released in February of 2021 to address addiction and mental health services
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> Vitalité Health Network, New Brunswick Fetal Alcohol Spectrum Disorder (FASD) Centre of Excellence – Pregnancy and Alcohol

	2. Information about alcohol consumption and pregnancy, the effects of alcohol on a fetus, breastfeeding and alcohol, and tools/resources
Other	St. Johns health operates a Parent child assistance program (PCAP) which supports women at risk of having a child with FASD

Yukon

Territorial Department: Department of Health and Social Services, Department of Education and Department of Justice

FASD Related Mandates	<p>An FASD Interagency Advisory Committee (IAC) manages and oversees the territory's FASD Action Plan. The FASD IAC is made up of representatives from the Government of Yukon, Yukon First Nations governments, several non-profit organizations and other contributors from across the Yukon. The Action Plan builds on existing programs and services to support people and families living with FASD. Yukon has already seen improved communication and collaboration between community members, specifically with respect to the following:</p> <ol style="list-style-type: none"> 1. Working with Yukon First Nations and partners to ensure that Yukon's response to FASD reflects the Truth and Reconciliation Commission's Calls to Action that speak to addressing and preventing FASD and working with the justice system to better address the needs of offenders with FASD. 2. Commitment to support healthy pregnancies, to expand maternal and pre-natal community-delivered supports, and to work across departments and collaboratively with our community partners to harmonize supports for people with FASD. 3. The Interagency Advisory Committee (IAC) on FASD has established seven priority areas, each of equal importance, on which to focus the resources of the Action Plan in order to achieve its vision and goals. 4. Yukon participates on the Canada Northwest FASD Partnership.
Strategic Plan(s)	<ul style="list-style-type: none"> • Yes, the Yukon FASD Action Plan provides direction on a coordinated approach to address FASD in the Yukon and mitigate existing gaps, creating better outcomes for all people impacted by FASD.

	<ul style="list-style-type: none"> • The FASD Action plan is guided by the following vision statements: <ul style="list-style-type: none"> ○ All Yukon mothers experience healthy pregnancies and babies are born healthy and free from the effects of prenatal alcohol exposure. ○ Yukoners living with FASD have their condition recognized early in life and are appropriately supported throughout their lives to reach their full potential in healthy and safe communities. ○ All Yukon communities are aware of FASD and its impacts and have access to a holistic system that is supported by the best resources available to enable all citizens to live happy, healthy, and fulfilling lives.
Is FASD Formally Recognized?	<ul style="list-style-type: none"> • Yes, please refer to the following Government of Yukon websites: <ul style="list-style-type: none"> □ https://yukon.ca/en/prevent-fetal-alcohol-spectrum-disorder □ https://yukon.ca/en/yukon-fasd-action-plan-2019
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> • For FASD assessment and diagnosis for children, contact the Child Development Centre at 867-456-8182 extension 193 or info@cdcyukon.ca • For FASD assessment and diagnosis for adults, contact the Developmental Diagnostic Support Clinic at 867-332-7380.
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> • Yukon Disability Services Tel., 867-393-7464 provides services across the lifespan to individuals and families with disabilities, including FASD. • The Fetal Alcohol Syndrome Society Yukon offers a variety of services, programs and learning opportunities. Fetal Alcohol Syndrome Society Yukon (FASSY) 867-393-4948 or info@fassy.org • For rapid-access counselling, contact Yukon Mental Wellness and Substance Use Services at 867-456-3838 • Opportunities Yukon www.opportunitiesyukon.ca provides residential and employment training and job coaching to community members with FASD. Employment services includes training, employment supports and employer support. • Child Development Centre (CDC) www.cdcyukon.ca provides territory wide therapeutic services to children birth to age five years with varying disabilities, including FASD.

Policy Documents:	<ol style="list-style-type: none"> 1. Yukon FASD Action Plan – 2019 2. <i>Health Act</i> 3. Putting People First Report 4. Truth and Reconciliation Commission’s Call to Action 5. FASD: A Framework for Action (Government of Canada)
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> 1. Yukon FASD Action Plan 2. Every year since 2018 promotion of FASD awareness day both in Whitehorse and in communities 3. 2018 “Alcohol free is supportive” FASD campaign (3 posters, radio, online) Example: Let’s meet at the coffee bar poster 4. FASD Interagency Advisory Committee – Rethink that Drink Initiative (2018) <ol style="list-style-type: none"> a. Developed in conjunction with FASD Interagency Advisory Committee b. Promotes knowledge of the standard drinking sizes and risks of alcohol consumption 5. Annual Report for 2019 shows Yukon Liquor Corporation supporting the Fetal Alcohol Syndrome Society Yukon (FASSY) through awareness initiatives, such as participating on the FASD Interagency Advisory Committee and creating marketing material to encourage a safe pregnancy without alcohol. In 2019 in conjunction with the FASD IAC launched the “know your Drink Size campaign with a Standard Drink Quiz on social media and in person demonstrations at liquor stores across the territory to promote a drinking culture of moderation. 6. Brochure for Yukoners on how to access FASD assessment and diagnosis (2023).
Other	<p>2023 -24 FASD IAC Funding has been dedicated for the following:</p> <ul style="list-style-type: none"> • A community educator on FASD for First Nations communities in Yukon • A mental wellness program for individuals with lived experience to increase inclusion in the community and support the mental well-being of its participants. • FASD Awareness Day and an Awareness Campaign for the broader community • FASD Diagnostic Coordinators to attend the CANFASD conference

Northwest Territories

Territorial Department: Department of Health and Social Services

FASD Related Mandates	<ol style="list-style-type: none"> 1. The NWT Disability Strategic Framework 2017-2027 (Framework) represents a shared collective direction and renewed commitment by the GNWT, its disability partners and stakeholders to advance equity; accessibility and inclusion; and participation across the territory. The Framework is based on a fundamental belief that every person living with a disability has the right to full citizenship and opportunity. 2. Guided by the priorities of the Framework, was the creation of the GNWT Disability Action Plan 2018-2022 (Action Plan). A Final Report was released in October 2023 outlining the key accomplishments from the Action Plan. 3. Northwest Territories participates on the Canada Northwest FASD Partnership committee.
Strategic Plan(s)	<ul style="list-style-type: none"> • In 2023, the Government of Northwest Territories released an alcohol strategy, An Alcohol Strategy for the Northwest Territories (ASNWT) to which aims to reduce alcohol-related harms.
Is FASD Formally Recognized?	<ul style="list-style-type: none"> • Yes, as per the Government of Northwest Territories website.
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> • Yes, there are currently 2 diagnostic clinics in the Northwest Territories: <ul style="list-style-type: none"> ○ Youth FASD Diagnostic clinic for ages 7-17; and ○ Adult FASD Diagnostic clinic for ages 18+.
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> • The Northwest Territories Health and Social Services Authority offers Youth FASD Coordinator and Adult FASD Coordinator services to individuals with and without a diagnosis. • The Foster Family Coalition of the NWT - 4Y Programs support children and youth with PAE to participate in various life skills programming and transitions to adulthood.
Policy Documents:	<ol style="list-style-type: none"> 1. NWT Disability Strategic Framework 2017-2027 2. The Government of Northwest Territories Disability Action Plan – 2018/19 – 2021/22, and Final Report of the Action Plan
Awareness Campaigns/Initiatives:	<ol style="list-style-type: none"> 1. Northwest Territories Liquor and Cannabis Commission (NTLCC) – No Alcohol during Pregnancy , We can all help prevent FASD <ol style="list-style-type: none"> a. Message: social responsibility to create awareness about responsible drinking practices

2. “No Alcohol during Pregnancy” and “We can all help prevent FASD” campaigns are promoted in NTLCC liquor stores and licensed establishments to heighten awareness of FASD.
 - a. Warning Labels are affixed to all alcoholic beverage containers sold to the public. These labels provide an alcohol consumption and pregnancy warning, and alcohol consumption and the operation of motor vehicle warning
3. Foster Family Coalition of the NWT – [How to support friends and family to avoid alcohol while they are pregnant \(2019\)](#)
 - a. Campaign focused on collective responsibility, and support of those who are pregnant
4. Government of the Northwest Territories developed two public awareness videos on FASD:
 - a. [The Importance of Supports in Individuals with FASD](#)
 - b. [The Importance of a Diagnosis in Individuals with FASD](#)



Nunavut

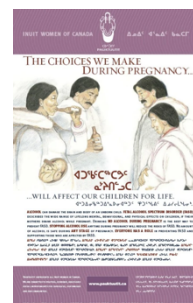
Territorial Department: Department of Health, Department of Education

FASD Related Mandates	<ol style="list-style-type: none"> 1. A separate Inuit FASD Strategy (The Inuit Five Year Strategic Plan for FASD 2010-2015) exists but is outdated⁴ <ol style="list-style-type: none"> a. The mission of the Inuit Five-Year Strategic Plan on Fetal Alcohol Spectrum Disorder (2010 – 2015) is to enhance FASD prevention and diagnosis and to support the needs of individuals and families living with FASD in Inuit communities. This will be achieved through an inclusive, holistic and community-based approach that involves all stakeholders, builds upon existing strengths and knowledge, develops new partnerships, and builds on the capacity to respond to the unique needs of Inuit women and their families and communities in a compassionate and respectful manner. 2. Nunavut participates on the Canada Northwest FASD Partnership
Strategic Plan(s)	<ul style="list-style-type: none"> • No, but a separate Inuit FASD Strategy (The Inuit Five Year Strategic Plan for FASD 2010-2015) exists but is outdated.
Is FASD Formally Recognized?	<ul style="list-style-type: none"> • Yes, though no official page in recognition, the government recognizes September 9th as International FASD Awareness Day
Are there Diagnostic Services/Guidelines for FASD?	<ul style="list-style-type: none"> • Yes, requests for pediatric FASD assessment are directed to the Qikiqtani General Hospital in Iqaluit.
What Intervention Programs and Supports are Available?	<ul style="list-style-type: none"> • Pirugatiit Resource Centre offers programming for parents and youth; support groups; training for all sectors; as well as online training – all provided in Inuktitut • Kitikmeot Friendship Society's FASD Resource Centre provides supports and programming for Inuit children and youth with suspected and diagnosed FASD.
Policy Documents:	<ol style="list-style-type: none"> 1. Inuit Five Year Strategic Plan for FASD – 2010-2015 <ol style="list-style-type: none"> a. Developed by Pauktuutit Inuit Women of Canada

⁴ For the purposes of this document, we have highlighted the Inuit FASD strategy under Nunavut, however, the Inuit are also prominent in Quebec and Newfoundland and Labrador and therefore is a relevant policy across these provinces/territories.

**Awareness
Campaigns/Initiatives:**

1. Government of Nunavut, Nunavut Liquor Commission – Responsible Nunavut - [Let's Be Aware , Alcohol and Pregnancy](#) (2014)
 - a. Alcohol, pregnancy, breastfeeding and FASD information guide. The posters (one in English and one in Inuktitut), are part of the campaign advising women not to drink any type of alcohol during pregnancy.
2. [A New Approach: Halting the Harms: A Final Report and Recommendations, Nunavut Liquor Act Review Task Force](#) demonstrates high prevalence of alcohol during first trimester of pregnancy
3. Pauktuutit Inuit Women of Canada – [The Choices We Make During Pregnancy](#) (2001)
4. Posters demonstrating how Alcohol can damage the brain and body of an unborn child. Also outlines what FASD is and how it can affect children. The poster is geared towards Inuit women in Canada and offers tools. Resources for more information/help.
5. The Government of Nunavut, Department of Health, provides resources (trivia wheel, k-cards, posters, and radio scripts) to be used by CHRs in their respective communities to promote FASD awareness. All resources are available in Inuktitut, French, English, and Inuinnaqtun. For example,



6. [Beauty In Brain Difference: A Campaign to End FASD Stigma](#)
 - a. The 'Beauty in Brain Difference' campaign recognizes the strengths and challenges unique to people with Fetal Alcohol Spectrum Disorder (FASD). The all brains are beautiful message promotes the need to end FASD stigma and ensure all Inuit have support, care, and community. [Social media posters available.](#)

